

PATIENT INFORMATION LEAFLET
POVID (Povidone Iodine Pessaries 200 mg)

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However you still need to use it carefully to get the best results from it.

-Keep this leaflet. You may need to read it again.

-Ask your pharmacist or doctor if you need more information.

-If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist. In this PIL:

1. What Povid is and what it is used for

2. Before you use Povid

3. How to use Povid

4. Possible side effects

5. How to store Povid

6. Further information

1. What Povid is and what it is used for

Povid pessary contains povidone iodine 200 mg. It is used for local treatment of vaginalis infection with the involvement of certain fungi (e.g. *Candida albicans*), some bacteria and other pathogenic organisms (*Trichomonas vaginalis*).

Trichomoniasis is a very common sexually transmitted disease (STD) that is caused by infection with a protozoan parasite called *Trichomonas vaginalis*. About 70% of infected people do not have any signs or symptoms. When trichomoniasis does cause symptoms, they can range from mild irritation to severe inflammation.

Candidal vaginitis is vaginal infection with *Candida sp*, usually *C. albicans*. Most fungal vaginitis is caused by *C. albicans*, which colonizes 15 to 20% of nonpregnant and 20 to 40% of pregnant women.

Bacterial vaginosis, which results from overgrowth of one of several organisms normally present in vagina. Bacterial vaginosis is the most common vaginal infection in women ages 15-44.

2. Before you use Povid

Do not use Povid if you:

- Have ever experienced an allergic reaction to Povidone Iodine or to any of the other ingredients in Povid (see ‘What Povid contains’)
- Have thyroid disorders, in particular overactive thyroid (hyperthyroidism), nodular colloid goitre, endemic goitre and Hashimoto's thyroiditis
- Have scheduled radioiodine therapy
- Have dermatitis (inflammation of skin) disease
- Or your child is under 8 years of age

Taking other medicines

Always tell your doctor or pharmacist if you are taking any other medicines because using some medicines together can be harmful.

- Povid is not incompatible with other disinfectant and antiseptic agents, particularly those containing alkali, enzymes and mercury
- Combined use of povidone iodine and hydrogen peroxide, as well as enzyme preparations containing silver and tauridin for treatment of wounds, as well as antiseptics, leads to mutual inefficiencies

Pregnancy and breast-feeding

- You should not use Povid if you are pregnant or think you may be pregnant.
- Do not use Povid if you are breast-feeding without talking to your doctor

3. How to use Povid?

- Insert one Povid pessary in the morning and at night for up to 14 days.
- Ideally, treatment should either end before menstrual period or start after the menses. However, if menstruation occurs during treatment it is advisable not to discontinue the treatment

If you use more PVID pessary than you should

If you (or someone else) use a lot of medicine at the same time, contact your nearest hospital casualty department or tell your doctor immediately.

If you forgot to use Povid pessary

If you forget to use Povid use it as soon as you remember it and then use the next dose at the right time. Do not use a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor

4. Possible side effects

Like all medicines, Povid can cause side effects, although not everybody gets them. If this product affects you in any other way, you should tell your doctor or pharmacist.

Povid pessary cause itching, irritation or allergic reactions

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

What if Povid pessary is swallowed?

Povid should only be used in the vagina. If put in the mouth, it is likely to taste unpleasant. However, if large quantities are accidentally swallowed, it may cause stomach irritation. In this case you should seek immediate help from the nearest hospital casualty department.

5. How to store Povid

- Keep out of the sight and reach of children.
- Do not use Povid after the expiry date which is stated on the pack. The expiry date refers to the last day of that month.
- Store in a dry place, below 30°C. Protect from light.
- Store in the original package.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

Povid pessary contains

PEG 1500 (Polyethylene glycol 1500)

PEG 6000 (Polyethylene glycol 6000)

Methyl Paraben

Propyl Paraben

Butylated Hydroxytoluene

Marketing authorisation holder

Bliss GVS Pharma Ltd.

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